

# NEWSLETTER

## July 2026

Echuca Community for the Aged



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# Editor's Desk

## Hello Residents, Families and Friends!

Can someone please slow down the year? It's hard to believe we're already heading into July—where has the time gone?

June kept our residents busy with a wonderful variety of activities, outings, and entertainment. Residents enjoyed a delicious meal at the Barmah Hotel, followed by another fantastic catch-up morning tea in Lockington. We were delighted to welcome the St Mary's Junior Choir, who entertained everyone with a joyful morning sing-along. Another highlight was our trip to Kyabram, where residents enjoyed a beautiful meal while being entertained by the talented Anthony Tenance.

Of course, one of the biggest highlights of the month was our incredible FightMND Big Freeze Ice Bucket Challenge. It was a fantastic afternoon filled with laughter, community spirit, and fundraising, bringing everyone together in support of a very worthy cause.

June was truly a month full of fun, friendship, and memorable experiences.

**Walking Group** Update Due to the chilly mornings we are currently experiencing, the walking groups have been removed from the activity calendar for the time being.

Residents who would still like to enjoy some time outdoors are welcome to do so. Lifestyle staff will be available throughout the day to accompany anyone wishing to brave the fresh air and go for a walk. Please speak with a member of the Lifestyle Team if you would like to arrange a walk. We encourage everyone to stay active while also keeping warm and comfortable during the colder weather.

**Winter Weather Notice** As the colder weather settles in, please be aware that some bus trips may be adjusted depending on weather conditions. Due to the extreme fog we have been experiencing recently, bus outings may be cancelled at short notice if visibility is poor.

We appreciate your understanding, as the safety of our residents, staff, and volunteers remains our highest priority.

If you find any of the activity areas too hot or too cold, please let a staff member know. We are happy to make temperature adjustments to ensure everyone remains comfortable.

Thank you for your cooperation and understanding during the winter months.

Stay warm and take care! ❄️

*Mel*

Lifestyle Coordinator



# Month in Review

## MND Big Freeze

What an amazing day we had at ECA's first-ever Big Freeze Ice Bucket Challenge!

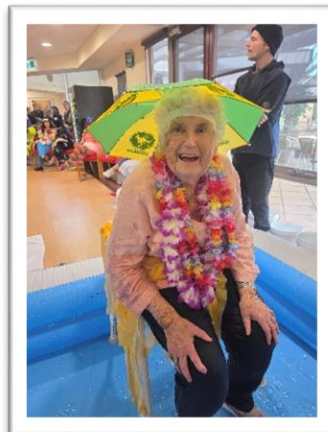
We had 20 brave participants put their hands up to take on the freezing cold ice bucket challenge, all in support of a wonderful cause. The day was a huge success and was thoroughly enjoyed by everyone who attended.

Together, as a community, we managed to raise an incredible \$5,800.00 for FightMND. This outstanding result would not have been possible without the generosity, enthusiasm, and support of so many people.

I would like to personally thank everyone who donated, came along to cheer on our participants, volunteered their time, and bravely put their hands up to take part in the challenge. Your support helped make this event a memorable and successful day for all involved.

We would like to extend a very special thank you to Mrs Ivy Hearn, who has generously donated \$1,000 to our FightMND fundraising efforts after seeing the incredible work and community spirit shown during ECA's Big Freeze campaign. Mrs Hearn, a friend of resident Allan Wines, was inspired by the amazing effort of our staff, residents, volunteers and supporters who came together to raise funds and awareness for this important cause. Her generous contribution will help further boost our fundraising tally and make an even greater impact in the fight against MND. Mrs Hearn would also like to congratulate all staff on the wonderful job they have done in making this fundraising campaign such a tremendous success. On behalf of everyone at ECA, thank you, Mrs Hearn, for your kindness, generosity and support. Your donation is greatly appreciated.

Thank you for helping us make a real difference. What an incredible achievement by the ECA community! ❤️



**FIGHT  
MND.**  
IT TAKES PEOPLE

# Month in Review



# Upcoming Events.

## **Words on Wheels**

Tuesday 7<sup>th</sup> July 9.30am, Engelbert Hall

Friday 17<sup>th</sup> July 11.00am, Engelbert Hall

## **Lockington Morning Tea**

Thursday 9<sup>th</sup> July 9.30am Meet in the Foyer

## **Big Breakfast**

Wednesday 8<sup>th</sup> July, Engelbert Hall



# Regular Events

Happy Hour every Friday 2.30pm

Church Service every Friday at 10am

Home Church every Tuesday at 11am, Canberra Lounge

Home Church every Thursday at 11am, Etona Lounge

Group Exercises Wednesday's at 11am

Indoor Bowls Thursday's at 1.30pm

Library Book Exchange 2<sup>nd</sup> Friday of each month

Bingo! Sunday's at 1.30pm

## **Special Days**

3<sup>rd</sup> Happy Hour - Emu's

7<sup>th</sup> International Chocolate Day

8<sup>th</sup> Big Breakfast

9<sup>th</sup> Morning Tea - lockington

14<sup>th</sup> Lunch Outing \_ Moama Bowling Club

21<sup>st</sup> International Lamington Day

21<sup>st</sup> Echuca Library Outing

23<sup>rd</sup> Commonwealth Games Commence

24<sup>th</sup> Happy Hour - Ron Galea

27<sup>th</sup> Anthony Tenace Show & Lunch - Kyabram

30<sup>th</sup> Christmas in July Luncheon

# July Birthdays

In July, we celebrate birthdays with:

- Maureen Carr
- Carmel Pearson
- Mona Hewlett
- George Shawcross
- Marie O'Brien
- Janet Tuohey
- Brian Collis
- Norm Bacon



## The Art of Chocolate Making

In honour of World Chocolate Day on July 7, this month we celebrate the long and delicious history of chocolate making. Chocolate begins with cocoa beans, which are carefully harvested, roasted, and blended to create the sweet treat enjoyed around the world today.

For centuries, chocolate has been shared during celebrations, given as thoughtful gifts, and enjoyed as a comforting indulgence. From rich chocolate cakes to simple chocolate bars, this beloved treat continues to bring joy to people of all ages and remains one of life's sweetest pleasures.

## Cancer (June 21 - July 22)

Cancer personalities are very emotional and sensitive, and care deeply about matters of the family and their home.

## Leo (July 23 - August 22)

Leos are natural born leaders. They are able to achieve anything they commit to.

## Month Spotlight: The First Moon Landing

In July 1969, the world watched in amazement as humans first landed on the Moon during the Apollo 11 Moon Landing. Astronauts Neil Armstrong and Buzz Aldrin became the first people to walk on the lunar surface, marking one of history's greatest achievements.

WOW!

# Poem to Share

## The Gift of Friendship

Helen Steiner Rice

Friendship is a priceless gift  
That can't be bought or sold,  
But its value is far greater  
Than a mountain made of gold.

For gold is cold and lifeless,  
It can neither see nor hear,  
And in the time of trouble  
It is powerless to cheer...

It has no ears to listen,  
No heart to understand,  
It cannot bring you comfort  
Or reach out a helping hand...

So, when you ask God for a gift,  
Be thankful if He sends  
Not diamonds, pearls or riches,  
But the love of real, true friends.

# Noticeboard



## THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference, and we so very much appreciate your time and energy. If anyone would like to sign up to become a volunteer please ask to speak to Mel in Lifestyle.

[lifestyle@echucaca.com.au](mailto:lifestyle@echucaca.com.au)

## IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

### Remembering

- Janet Roberts
- Lindsay Nelson
- Gaie McLean
- Joan Crowe

## CONTINUOUS IMPROVEMENT

Residents, families, and friends are reminded that there are several avenues available for you to express your views, suggestions, and complaints. There are feedback forms available in the front foyer and at various spots around the facility. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

## NEW RESIDENTS

A very warm welcome to:

- Wilma Gamble
- Shirley O'Bree
- Helen Elms
- Brian Collis
- Marie Thexton
- Brigitte Cain
- Janet Tuohey
- Janet O'Brien

And to our visitors who are here for a short stay welcome and we hope you enjoy your time with us.

## LIBRARY SERVICE

We have Books on wheels, talking books and talking Newspaper available from the local library. This is a free service with book exchanges happening monthly. If you would like to take part in this service, please talk to a lifestyle staff member.

## HAIR DRESSING SERVICE

Hairdressing services are available Tuesday's, Wednesday's and Thursday's if you would like to see the hairdresser then please let reception or one of the friendly staff members know so they can book you an appointment.

# Laughing Matters



## **Trust Him**

On the Sunday before Christmas the Rev Billy Graham was walking down Highland Street in North Carolina on his way to see a parishioner.

He wanted to post a parcel urgently, so he asked a young boy where he could find the Post Office. After the boy had directed him, Rev. Graham thanked him and said "If you come up to the Church this evening you can hear me telling everyone how to get to heaven."

The boy replied - "I think I'll give your sermon a miss. If you don't even know your way to the Post Office, how will you lead me to heaven?"

## **The Poacher**

A Game Warden is walking along a beach one morning when he spots a man with a bucket of lobsters.

The Warden walks up to the man, flashes his badge and says, "You're in big trouble, buddy. Poaching lobsters is a serious offence."

The man answers, "You've got it all wrong, these lobsters are my pets! Every morning I take them out for some exercise. I let them swim around in the ocean for a few minutes and then whistle them back in."

The Warden looks at the man skeptically and says, "Okay then, prove it."

The man proceeds to throw the lobsters into the ocean and both he and the Warden stand there waiting. After a couple of minutes the Warden looks at the man and says, "That's long enough, now whistle your lobsters back in."

The man turns to the Warden and says "Lobsters? What lobsters?"

## **Short Jokes**

What did the cat say when the mouse got away? *You've got to be kitten me!*

Who did the ghost invite to the party? *Any old friend he could dig up!*

Always find a reason to laugh -  
it may not add years to your life but will surely add life to your years.

# Word Search

## CHOCOLATE



B R O W N I E S Y P S Y V S  
I I T U G M I W H I T E M V  
F O N D U E C L M I L K C X  
C N C M V S I T G G U S E B  
T N H M V W N U A H K F G H  
Q V O O T E G D N G M O W F  
P B C U R E M A A F O N B U  
O S O S U T S R C R C D O D  
W A L S F N U K H O H A C G  
D U A E F Y G G E S A N O E  
E C T V L I A V E T A T C L  
R E E F E N R K Q I G I O O  
R S A J M I A V Z N Z C A D  
P H D T X C O I R G H J K G

Fudge

Chocolate

Ganache

Mocha

Sweet

Fondue

Cocoa

Sauce

Powder

Frosting

Icing

Dark

Truffle

Mousse

Brownies

Cake

Fondant

Milk

Sugar

White

<b>MONDAY</b> <b>29<sup>TH</sup></b>	<b>TUESDAY</b> <b>30<sup>TH</sup></b>	<b>WEDNESDAY</b> <b>1<sup>ST</sup></b>	<b>THURSDAY</b> <b>2<sup>ND</sup></b>	<b>FRIDAY</b> <b>3<sup>RD</sup></b>	<b>SATURDAY</b> <b>4<sup>TH</sup></b>	<b>SUNDAY</b> <b>5<sup>TH</sup></b>
<b>9.30</b> Rebus Puzzles -Engelbert Hall	<b>9.15</b> Bus Outing Meet in the Foyer  <b>9.30</b> Anagrams -Engelbert Hall	<b>9.30</b> International joke Day Let's Share some Jokes -Engelbert Hall <b>10.00</b> Men's Conversation Connection Group -Lodge Café	<b>9.15</b> Bus Outing Meet in the Foyer  <b>9.30</b> It Happened in July, History, Trivia, Who Am I? -Engelbert Hall	<b>10.00</b> Uniting Church Service -Engelbert Hall		
<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>
<b>11.00</b> Word Games & Quizzes -Engelbert Hall	<b>11.00</b> Home Church -Canberra Lounge <b>11.00</b> Reminiscing "My Story" -Engelbert Hall	<b>11.00</b> Group Exercises -Engelbert Hall	<b>11.00</b> Home Church -Etona Lounge <b>11.00</b> Timeless Acts -Canberra Lounge	<b>11.00</b> 9 Letter Word -Engelbert Hall		<b>11.30</b> Tune into Songs of Praise on ABC  <i>Songs of Praise</i>
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>1.30</b> Naidoc Week Dot Paintings -Engelbert Hall	<b>1.30</b> Big Bobs -Engelbert Hall	<b>1.30</b> Pass the Mic With Karen & Kylie -Engelbert Hall	<b>1.30</b> Indoor Bowls -Engelbert Hall	<b>1.30</b> Documentary - Etona Lounge Scrabble - Canberra Lounge Aromatherapy - Pevensey Lounge	<b>1.30</b> Residents Choice Movie in the Lounge Room	<b>1.30</b> Bingo With Deb & Barbara -Engelbert Hall
<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>
				<b>2.30</b> Happy Hour "Emu's" -Engelbert Hall		

<b>MONDAY</b> 6 <sup>TH</sup>	<b>TUESDAY</b> 7 <sup>TH</sup>	<b>WEDNESDAY</b> 8 <sup>TH</sup>	<b>THURSDAY</b> 9 <sup>TH</sup>	<b>FRIDAY</b> 10 <sup>TH</sup>	<b>SATURDAY</b> 11 <sup>TH</sup>	<b>SUNDAY</b> 12 <sup>TH</sup>
<b>9.30</b> Hangman -Engelbert Hall	<b>International Chocolate Day</b> <b>9.15</b> Bus Outing Meet in the Foyer <b>9.30</b> Words on Wheels -Engelbert Hall	<b>Big Breakfast</b> <b>9.30</b> Odd Word Out -Engelbert Hall <b>10.00</b> Men's Conversation Connection Group -Lodge Café	<b>9.15</b> Morning Tea trip to Lockington Meet in the Foyer <b>9.30</b> Quoits -Engelbert Hall	<b>10.00</b> St Mary's Catholic Church Service -Engelbert Hall		
<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>
<b>11.00</b> Finish the Proverbs -Engelbert Hall	<b>11.00</b> Home Church -Canberra Lounge <b>11.00</b> World Chocolate Day History, Facts and Quizzes -Engelbert Hall	<b>11.00</b> Group Exercises -Engelbert Hall	<b>11.00</b> Home Church -Etona Lounge <b>11.00</b> Sentences with a Twist -Engelbert Hall	<b>11.00</b> Word Association Game -Engelbert Hall		<b>11.30</b> Tune into Songs of Praise on ABC  <i>Songs of Praise</i>
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>1.30</b> Art, Craft & Knitting -Engelbert Hall	<b>1.30</b> Pamper -Engelbert Hall	<b>1.30</b> Ten Pin Bowling -Engelbert Hall	<b>1.30</b> Indoor Bowls -Engelbert Hall	<b>1.30</b> Documentary – Etona Lounge Scrabble – Canberra Lounge Aromatherapy – Pevensey Lounge	<b>1.30</b> Residents Choice Movie in the Lounge Room	<b>1.30</b> Bingo With Deb & Barbara -Engelbert Hall
<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>
				<b>2.30</b> Happy Hour -Engelbert Hall		

<b>MONDAY 13<sup>TH</sup></b>	<b>TUESDAY 14<sup>TH</sup></b>	<b>WEDNESDAY 15<sup>TH</sup></b>	<b>THURSDAY 16<sup>TH</sup></b>	<b>FRIDAY 17<sup>TH</sup></b>	<b>SATURDAY 18<sup>TH</sup></b>	<b>SUNDAY 19<sup>TH</sup></b>
<b>9.30</b> Giggle Pot Joke Circle -Engelbert Hall	<b>Bastille Day</b> <b>9.30</b> Names that Tune in Pictures -Engelbert Hall	<b>9.30</b> Celebrity Heads -Engelbert Hall <b>10.00</b> Men's Conversation Connection Group -Lodge Café	<b>9.15</b> Bus Outing Meet in the Foyer <b>9.30</b> Crosswords -Engelbert Hall	<b>10.00</b> Christ Church Anglican Church Service - Engelbert Hall		
<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>
<b>11.00</b> Solves the Riddles -Engelbert Hall	<b>11.00</b> Home Church -Canberra Lounge <b>11.30</b> Lunch Outing "Moama Bowling Club" Meet in the Engelbert Hall	<b>11.00</b> Group Exercises -Engelbert Hall	<b>11.00</b> Home Church -Etona Lounge <b>11.00</b> Timeless Acts -Canberra Lounge	<b>11.00</b> Words on Wheels "Australia's Past" -Engelbert Hall		<b>11.30</b> Tune into Songs of Praise on ABC, <i>Songs of Praise</i>
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>1.30</b> Art, Craft & Knitting -Engelbert Hall	<b>1.30</b> Movie on the Big Screen "Annie Get Your Gun" -Engelbert Hall	<b>1.30</b> Shooting -Engelbert Hall	<b>1.30</b> Indoor Bowls -Engelbert Hall	<b>1.30</b> Documentary – Etona Lounge Scrabble – Canberra Lounge Aromatherapy – Pevensey Lounge	<b>1.30</b> Residents Choice Movie in the Lounge Room	<b>1.30</b> Bingo With Deb & Barbara -Engelbert Hall
<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>
				<b>2.30</b> Happy Hour -Engelbert Hall		

<b>MONDAY 20<sup>TH</sup></b>	<b>TUESDAY 21<sup>ST</sup></b>	<b>WEDNESDAY 22<sup>ND</sup></b>	<b>THURSDAY 23<sup>RD</sup></b>	<b>FRIDAY 24<sup>TH</sup></b>	<b>SATURDAY 25<sup>TH</sup></b>	<b>SUNDAY 26<sup>TH</sup></b>
<b>9.30</b> Quizzes & Word Games -Engelbert Hall	International Lamington Day <b>9.15</b> Bus Outing "Echuca Library" Meet in the Foyer <b>9.30</b> International Lamington Day History -Engelbert Hall	<b>9.30</b> Organ Music with Julie -Engelbert Hall <b>10.00</b> Men's Conversation Connection Group -Lodge Café	<b>9.15</b> Bus Outing Meet in the Foyer <b>9.30</b> Drumming with Julie -Engelbert Hall	<b>10.00</b> Rochester Presbyterian Church Service -Engelbert Hall		
<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>
<b>11.00</b> Scrabble -Engelbert Hall	<b>11.00</b> Home Church -Canberra Lounge <b>11.00</b> Timeless Acts -Engelbert Hall	<b>11.00</b> Group Exercises -Engelbert Hall	<b>11.00</b> Home Church -Etona Lounge <b>11.00</b> Commonwealth Games History -Engelbert Hall	<b>11.00</b> Drama with Julie -Engelbert Hall		<b>11.30</b> Tune into Songs of Praise on ABC <i>Songs of Praise</i>
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>1.30</b> Art, Craft & Knitting -Engelbert Hall	<b>1.30</b> Pamper -Engelbert Hall	<b>1.30</b> Big Bobs -Engelbert Hall	<b>1.30</b> Indoor Bowls -Engelbert Hall	<b>1.30</b> Documentary - Etona Lounge Scrabble - Canberra Lounge Aromatherapy - Pevensey Lounge	<b>1.30</b> Residents Choice Movie in the Lounge Room	<b>1.30</b> Bingo With Deb & Barbara -Engelbert Hall
<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>
			Commonwealth Games Commence	<b>2.30</b> Happy Hour "Ron Galea" -Engelbert Hall		

<b>MONDAY</b> 27 <sup>TH</sup>	<b>TUESDAY</b> 28 <sup>TH</sup>	<b>WEDNESDAY</b> 29 <sup>TH</sup>	<b>THURSDAY</b> 30 <sup>TH</sup>	<b>FRIDAY</b> 31 <sup>ST</sup>	<b>SATURDAY</b> 1 <sup>ST</sup>	<b>SUNDAY</b> 2 <sup>ND</sup>
<b>9.30</b> Wheel of Fortune -Engelbert Hall	<b>9.15</b> Bus Outing Meet in the Foyer  <b>9.30</b> Reminiscing of yesteryear -Engelbert Hall	<b>9.30</b> Movement to Music With Julie -Engelbert Hall <b>10.00</b> Men's Conversation Connection Group -Lodge Café	<b>World friendship Day</b> <b>9.15</b> Bus Outing Meet in the Foyer <b>9.30</b> Friendship Day Reminiscing -Canberra Lounge	<b>10.00</b> Community Church Service -Engelbert Hall		
<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>	<b>MORNING TEA</b>
<b>11.00</b> Anthony Tenance Show and Lunch Outing Kyabram Club Meet in the Engelbert Hall	<b>11.00</b> Home Church -Canberra Lounge <b>11.00</b> Timeless Acts -Engelbert Hall	<b>11.00</b> Group Exercises -Engelbert Hall	<b>11.00</b> Home Church -Etona Lounge <b>11.30</b> <b>Christmas In July Luncheon</b> -Engelbert Hall	<b>11.00</b> Quizzes & Word Games -Engelbert Hall		<b>11.30</b> Tune into Songs of Praise on ABC, <i>Songs of Praise</i>
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>1.30</b> Art, Craft & Knitting -Engelbert Hall	<b>1.30</b> Golf -Engelbert Hall	<b>1.30</b> Hit or Miss Music Roulette -Engelbert Hall	<b>1.30</b> Christmas Movie In the Lounge Rooms	<b>1.30</b> Documentary – Etona Lounge Scrabble – Canberra Lounge Aromatherapy – Pevensey Lounge	<b>1.30</b> Residents Choice Movie in the Lounge Room	<b>1.30</b> Bingo With Deb & Barbara -Engelbert Hall
<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>
				<b>2.30</b> Happy Hour -Engelbert Hall		